

CBD CAERDYDD A'R FRO CARDIFF & VALE S.F.A.



COMPETITION RULES

Competitions Secretary

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General Rules

Introduction

The rules detailed below apply to all CVSFA competitions except where stated under the heading of any specific competition.

The Field of Play

The minimum size of the ground in 11 a-side matches shall be 90 yards by 60 yards. Competition matches may be played on artificial pitches subject to the agreement of the official representatives of each team.

The Ball

The ball shall be size 4 or 5.

Substitutes

Repeated substitutions are allowed in all competitions. A player who has been substituted during a match becomes a substitute and may, in turn, replace another player at any time subject to the substitution carried out in accordance with Law 3 of the Laws of the Game. In eleven a side matches teams are only permitted to use five players as substitutes. Any player, who has been substituted during the game due to an apparent severe injury, should only return to the field of play following thoughtful consideration by the designated team official.

Protests

Any protest by a School shall be made in writing to the Competitions Secretary within two working days and accompanied by a £10 administration fee (refundable if the appeal is upheld). No protest relative to the ground, goalposts or other appurtenances of the game shall be considered unless a protest in writing was made to the Referee before the start of the match. A copy of the protest shall be sent to all parties involved and the Competitions Department shall have the power of Council in relation to the competition to make all decisions on matters arising out of, or in relation to the organisation, control and management of the competition which shall be deemed to be decisions of Council and shall be binding on all participants in the competition.

Competition Dates

Council shall fix competition dates within which all matches shall be played. Failure to keep to those dates may lead to disqualification. The Competitions Department shall have the power to:

- (a) Order a match to be played on, or by, the given date.
- (b) Grant a reasonable extension to the competition date.
- (c) Expel any team from the competition.
- (d) Not accept a result

Similar Colours

Where Schools have similar colours, the home team shall be entitled to retain their colours and the visiting team shall change to colours that provides a satisfactory contrast. In finals the team drawn as the 'home' team shall retain their colour as above.

Players

- (a) If the Competitions Department has any doubt over the qualification of a player taking part in any competition, it shall have the power to call upon the player's school to which he or she belongs to prove that he or she is qualified according to the rules, and failing satisfactory proof the offending school shall be disqualified from the Competition.
- (b) A player may only play for the school or college he or she is currently attending and on whose roll he or she appears at the time of the game in which he or she is playing.
- (c) A pupil shall not play for more than one School/ College in the same competition during any Season, except by permission of the Competition Department.
- (d) County representative matches taken precedence over school matches. A representative player may not play a school match in the same calendar day as a representative match. All county representative matches can be found with squads on the website. However, if a county fixture is rearranged after the school match has been arranged and confirmed then players may be given the option, or the school involved may rearrange the fixture with no penalty.

Match Arrangements

All matches shall be organised by the Competitions Department either on a league basis or a knockout basis. The Competitions Department shall make the draw for all the competitions as soon as possible after the entry closing date. In all competitions organised on a league/group basis, the teams to go through to the later stage(s) will be determined by criteria defined by the Competitions Department. Should these later stage matches end in a draw at full time and an outright winner is necessary, then a series of five penalties and sudden death penalty kicks will decide the results.

Match Officials

- (a) The Match Officials appointed shall perform their duties in accordance with the Laws of the Game as sanctioned and enforced by the International Football Association Board.
- (b) In the event of a Referee failing to appear the teams concerned must agree in writing to appoint a person at the ground to conduct the game in accordance with the rules. The official so acting shall have the powers of a duly appointed Referee.
- (c) The Match Officials for Finals shall be arranged by the Competitions Department in accordance with the rules of the competition.
- (d) Schools are advised to seek a match official whenever possible. We would hope that all schools appoint a match official for a semi-final. Where it is not possible to find a match official the home team must offer the away team the opportunity to referee the game.

Match Days in Competitions

Matches will be played on mutually agreed date and times. If dates and times cannot be mutually agreed the Competitions Department must be informed immediately and they will decide about when the match must be played. When offering dates there should be at least 3 options on a variety of days.

Results

Results are to be emailed to cvsfa.results@gmail.com within **14 days** of a match being played. If not received in that time frame a result may not be accepted. If a school does not honour a fixture, then the competitions department will decide if to accept a walkover. At no time can a school claim a win without permission. The score awarded for that walkover will be decided by the competitions department.

CVSFA Inter-School Competition Rules

Boys' competitions

Girls may play in the boys' competitions up until the end of Year 11, any girl playing in the boys' team is treated identically to any boy participating. Therefore, a female player is not permitted to play in the Seniors competition.

The duration of games is included as a guide. Coaches should confirm the length of the game before the game starts. Both halves should be of equal length.

For all cup games schools are responsible for ensuring that games should kick off in time for a fair game of football to take place before it gets too dark. A team that is not ready to start at the agreed time and subsequently results in a game that is too short risks being asked to replay the game or faces being expelled from the competition.

Year 7 Boys

Format

Cup knockout. Teams knocked out in Round 1 progress to a Plate knockout cup if signed up.

Match Duration

The duration of these games shall be 35 minutes each way.

Ball Size

A size 4 football shall be used.

Eligibility

Only Year 7 players are allowed to participate. All players must be 11 years old at the start of the academic year.

Year 8 Boys

Format

Cup knockout. Teams knocked out in Round 1 progress to a Plate knockout cup if signed up.

Match Duration

The duration of these games shall be 35 minutes each way.

Ball Size

A size 4 ball shall be used.

Eligibility

Players from Years 7 & 8 are allowed to participate. All players must be 11 or 12 years old at the start of the academic year.

Year 9 Boys

Format

Cup knockout. Teams knocked out in Round 1 progress to a Plate knockout cup if signed up.

Match Duration

The duration of these games shall be 40 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Players from Years 8 & 9 are allowed to participate. All players must be 12 or 13 years old at the start of the academic year.

Year 10 Boys

Format

Cup knockout. Teams knocked out in Round 1 progress to a Plate knockout cup if signed up.

Match Duration

The duration of these games shall be 40 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Players from Years 9 & 10 are allowed to participate. All players must be 13 or 14 years old at the start of the academic year.

Year 11 Boys

Format

Cup knockout. Teams knocked out in Round 1 progress to a Plate knockout cup if signed up.

Match Duration

The duration of these games shall be 40 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Players from Years 10 & 11 are allowed to participate. All players must be 14 or 15 years old at the start of the academic year.

Seniors

Format

League format with 1 match followed by knockout. 1st v 4th and 2nd v 3rd then Final.

Schools must adhere to the fixture list and may be excluded if matches are not completed.

Match Duration

The duration of these games shall be 45 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Players from Years 11, 12, 13 & 14 are allowed to participate. All players must be 15 or 16 or 17 or 18 years old at the start of the academic year.

Leagues (Years 7-11)

Leagues follow the same rules as the cups. Leagues do not have a set fixture list, but each school should aim to even split home and away. The first result is the result used on the league and cup games can double up using the full-time score. Win = 3 points, Draw = 2 points, Loss = 1 point

The deadline for all results in the end of the Spring term

The minimum games played to be in contention to win a league is 4 matches. If a league has no team playing 4 then CVSFA can decide to not award a winner. If a team e.g., rank 3rd has played 4 but 1st and 2nd have played 3 then the 3rd place school will win the league.

Schools that have not played a single game before February Half term will be removed from their respective leagues.

Girls' competitions

Boys may not play in the girls' competitions.

In the event of a student transitioning from male to female permission must be sought from the Competitions department in advance of participation in any fixture.

Girls' competitions are played in a league format

Leagues do not have a set fixture list, but each school should aim to even split home and away. Win = 3 points, Draw = 2 points, Loss = 1 point

The deadline for all results is the February Half term.

To ensure transparency schools are asked to send in a list of fixtures to that are due to be played in the final two weeks of the competition to cvsfa.results@gmail.com in the weeks leading up to the February half term deadline schools should send a result in one at a time so that schools are aware of the situation within their group.

Schools that have not played a single game before Christmas will be removed from their respective leagues unless proof is given that a fixture is planned for the new year.

Semi-finals are then played during the second half of the Spring term. It may be determined that a semi-final stage may not be necessary dependent on the leagues.

The semi-finals will be determined based on results, where two leagues exist the top two teams will progress from both. If games in one league are deemed as significantly lower than the other, then a 3/1 or 4/0 split or otherwise would be decided upon by the competitions department. The semi-finals will be posted on the CVSFA website.

Year 7

Format

Leagues A and B followed by knockout. 7 a side (1gk and 6 outfield).

Match Duration

The duration of these games shall be 20 minutes each way.

Ball Size

A size 4 football shall be used.

Pitch Size

Half pitch, played across the pitch with coaching safety zone between pitches if two games are played on the same surface.

Goal Size

12-foot x 6-foot goals should be used, if a school does not own these then alternative similar sized goals e.g., hockey goals may be used as long as both goals are the same size.

Eligibility

Only Year 7 players are allowed to participate. All players must be 11 years old at the start of the academic year.

Year 8

Format

Leagues A and B followed by knockout. 7 a side (1gk and 6 outfield).

Match Duration

The duration of these games shall be 20 minutes each way.

Ball Size

A size 4 football shall be used.

Pitch Size

Half pitch, played across the pitch with coaching safety zone between pitches if two games are played on the same surface.

Goal Size

12-foot x 6-foot goals should be used, if a school does not own these then alternative similar sized goals e.g., hockey goals may be used as long as both goals are the same size.

Eligibility

Only Year 8 players are allowed to participate. All players must be 11 years old at the start of the academic year.

Year 9

Format

League followed by knockout.

Match Duration

The duration of these games shall be 25 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Players from Years 8 & 9 are allowed to participate. All players must be 12 or 13 years old at the start of the academic year.

Key Stage 4 (Years 9, 10 and 11 Pupils)

Format

League followed by knockout.

Match Duration

The duration of these games shall be 30 minutes each way.

Ball Size

A size 5 ball shall be used.

Eligibility

Only players from Years 9, 10 or 11 are allowed to participate. All players must be 13 or 14 or 15 years old at the start of the academic year.